



### Product Numbers

Product #	Description	HCPC Code
13447-00	Moby™ Shoulder Brace - LEFT	L3670
13448-00	Moby™ Shoulder Brace - RIGHT	L3670

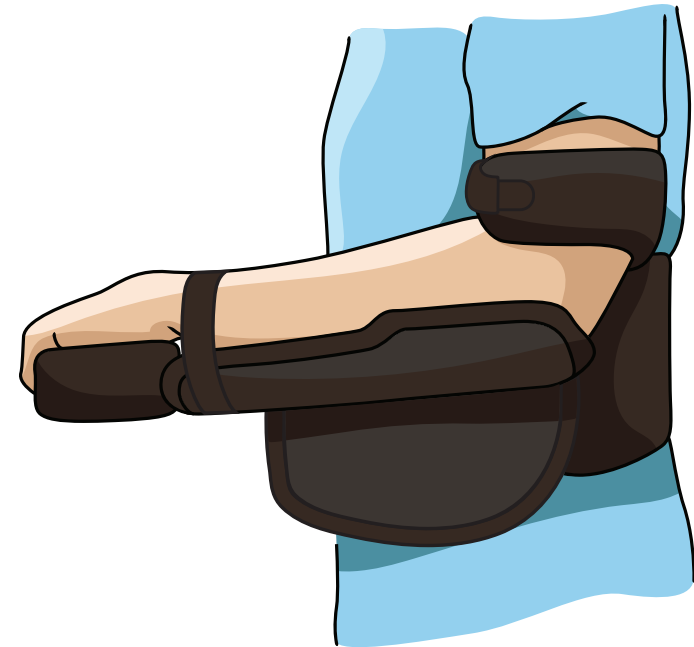
### Product Sizing

Sizing based on circumference measurements at the belly button (not the waist)  
Waist Strap Included with Brace 30–50"

### Accessories

Product #	Description	HCPC Code
13479-25-10	Waist Strap Size Range 24"-30"	N/A
13479-55-08	Waist Strap Size Range 50"-65"	N/A

Multiple US and foreign patents pending



# Lake Effect Moby™ Shoulder Brace Instructions for Use



## READ INSTRUCTIONS BEFORE USE.

These directions are guidelines only and not offered as medical recommendations. Please consult with your healthcare provider before use.

### WARNING:

This device will not prevent or eliminate risk of injury. If you experience a sudden increase in pain, numbness or unusual reaction with the use of this device, discontinue use immediately and consult your healthcare provider.

### CONTRAINDICATIONS:

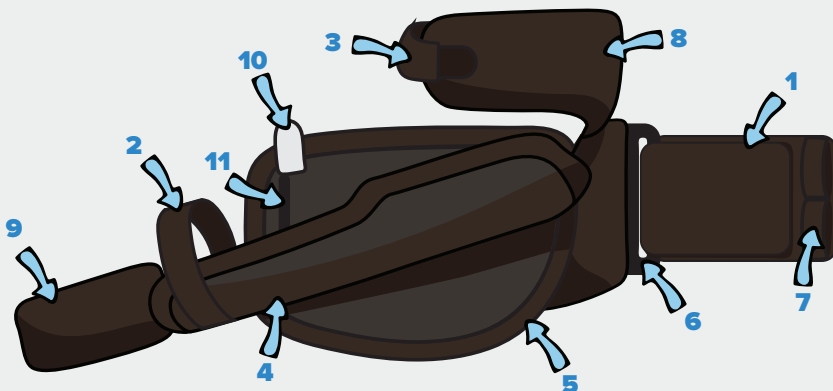
None when used as directed.

### INDICATIONS:

- ✓ Pre or post-operative
- ✓ Soft tissue repairs/strains
- ✓ Shoulder instabilities/injuries

### COMPONENTS:

- |                          |                     |                 |
|--------------------------|---------------------|-----------------|
| 1. Waist Strap           | 5. Pillow           | 9. Hand Rest    |
| 2. Velcro® Wrist Closure | 6. Ring             | 10. Forearm Tab |
| 3. Velcro® Bicep Closure | 7. Padded Hand Grip | 11. Moby™ Hook  |
| 4. Arm Cradle            | 8. Elbow Cuff       |                 |



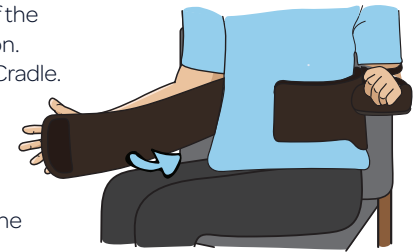
## INSTRUCTIONS FOR USE

### 1. Sizing the Brace.

- Remove the white Velcro® tab that secures the Waist Strap to the Pillow. (Do not remove the white Velcro® Forearm Tab until sizing is complete).
- Position the Pillow portion of the brace with the Elbow and Forearm in a neutral position (90 degrees).
- Hold the Pillow in a neutral position with the Waist Strap attached to the ring at the rear of the Pillow.
- Attach the Velcro® end of the Waist Strap with the padded hand grip to the front edge of the Pillow.
- Adjust the Waist Strap by pulling the Velcro® end at the rear of the Pillow to remove any excess material.
- Finish by re-tensioning the Waist Strap and attaching the Velcro® end with the padded hand grip to the front of the Pillow.

### 2. Applying the Brace.

- While seated, position the curve of the Pillow at the hip in a neutral position.
- Place the injured arm into the Arm Cradle.
- Using the hand on the non-injured side, locate the Waist Strap.
- Place the fingers through the padded hand grip and secure the Velcro® end of the Waist Strap to the front edge of the Pillow.
- Close the Wrist Velcro® Closure (can be trimmed if required).
- Shape the Elbow Cuff to ensure the elbow is in a neutral position and close the Bicep Velcro® Closure.
- Adjust the Hand Rest to be under the palm of the hand.



### 3. Straightening the Arm While in the Brace.

- Prior to straightening the arm, remove the white Velcro® Forearm Tab that hooks the Arm Cradle to the Pillow.
- Gently lift up the Arm Cradle, unhook from the Moby™ Hook on the Pillow and straighten the arm.
- To return to the supported position, raise the Arm Cradle to re-hook to the Pillow.

### 5. Removing the Brace.

- To remove the brace, unfasten the Velcro® Wrist and Bicep Closures and the Waist Strap.

### CARE INSTRUCTIONS:

Hand wash using a mild detergent. Rinse thoroughly. Air dry only. Do not machine wash or machine dry.