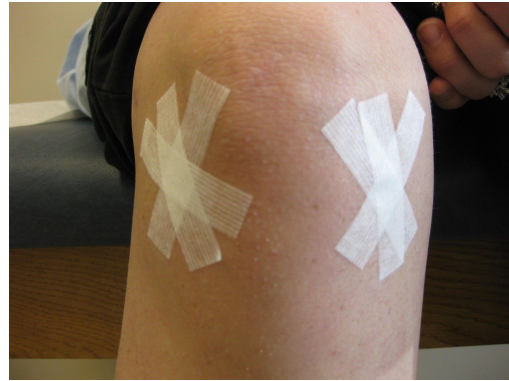


Post-op knee arthroscopy shower instructions

1. Remove gauze bandages



2. Leave steri-strips in place



3. Cover steri-strips with water proof band-aids



4. Wrap knee in saran wrap



REMINDERS:

- remove water proof band aids and saran wrap after each shower
- leave steri-strips in place until first post op visit